

Humpty Dumpty  
Foundation

FIRST EDITION 2018



*helping  
kids in  
hospital*



THE GOOD EGG

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## THANK YOU

A huge thank you to our editors, writers, designer and printers for donating their time and expertise to Humpty to help produce this edition of The Good Egg.

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# Message from the Chairman

I have been blessed to be part of the Humpty Dumpty Foundation. I have visited towns and other places and had the pleasure of meeting so many Australians from all walks of life and I've been enriched by those experiences.

We have a magnificent country that belongs to all of us, but with that comes the responsibility of making sure our children, no matter where they live, have the best possible care available.

We are making significant progress. More and more of our doctors and nurses are receiving the medical equipment that they have been hoping for for years.

If you are already part of the Humpty Family, thank you for helping us save children's lives. If you are not yet involved but would like more information, please call us. Your support will make a difference to a child and family that you may never meet but you will have created a legacy that will live on for years to come.

**Paul Francis OAM**

Founder & Executive Chairman



With Lauren and her great friends Fairy Sparkle OAM and Dr Quack from Clown Doctors.

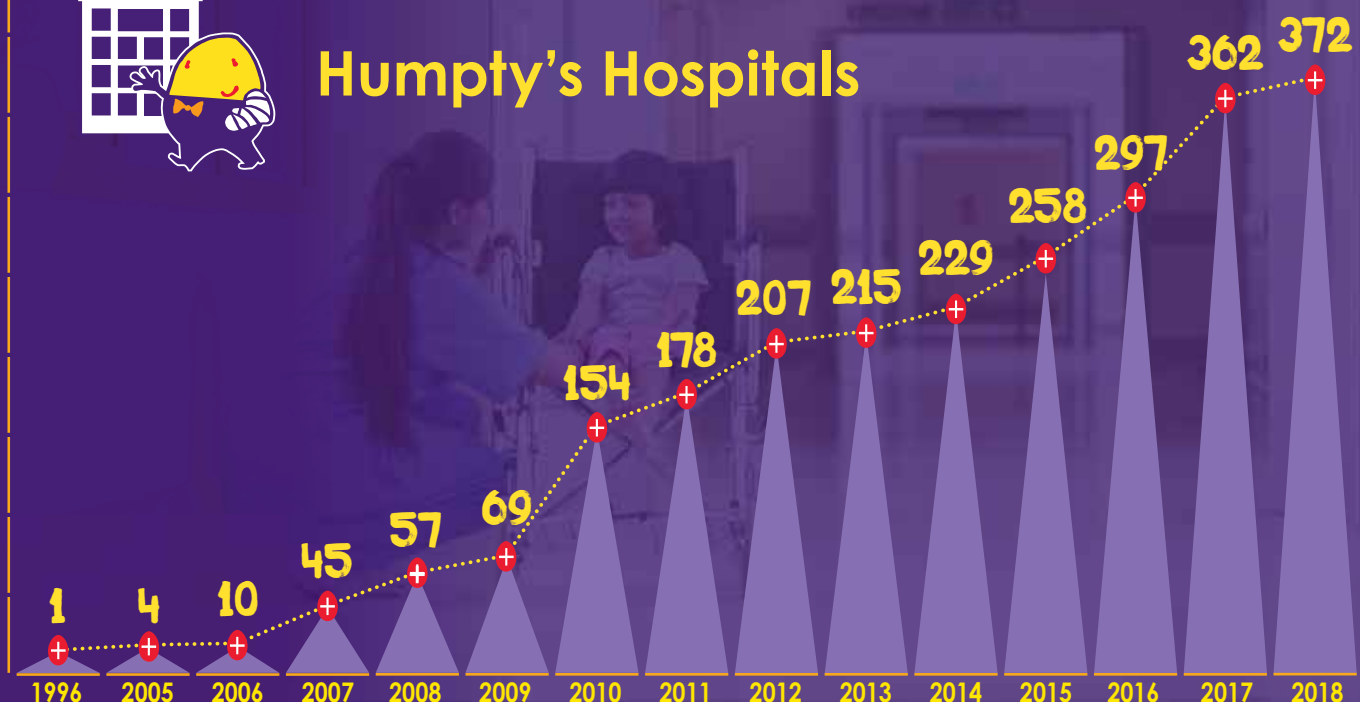
One of the most special people I have met is Lauren Channon, aged 10, who has now endured 130 operations. Lauren is an absolutely remarkable young lady with a maturity well beyond her years.

At our Good Egg Lunch on 8th March I had the pleasure of congratulating Lauren on being named Humpty's first Junior Ambassador. She will do a brilliant job!! Thank you Lauren.

Since inception, Humpty's proud to have provided support to 372 hospitals and health centres across Australia.



## Humpty's Hospitals







# Livia's Story

Vicki, David and big sister Maya.

**by David Gillan**

The goodness and generosity of complete strangers have helped to save our daughter's life and we will be eternally grateful.



Livia at birth – January 2018 – weighing just 814 grams.

6 February, 2018

Dear Humpty Dumpty Foundation and Olbia,

You have never met me, you have never met my wife or anyone in my family, yet you have given us the greatest gift any parent could ever have, therefore, I am writing to you to thank you for your generosity.

At 12:20am on New Year's Eve, as the Sydney fireworks were finishing up and celebrations were warming up, my wife was going through a very serious and traumatic experience which resulted in her giving birth to a baby 3½ months earlier than expected. Our baby girl Livia Eve Gillan was born at 26 weeks, weighing just 814 grams and entered the world fighting for her life.

My first look at my daughter was to see her with 5 doctors around her, manually pumping air into her lungs while connecting her to an array of medical equipment to keep her alive. She was then quickly rushed away while my wife Vicki and I were left trying to comprehend what had just happened. The next time I saw her she was in her new home, a state-of-the-art humidicrib which had an array of monitors, tubes and machines attached. On the side of the humidicrib was a sticker that read "Proudly Donated by The Humpty Dumpty Foundation and Olbia". It may have been a strange reaction, given everything that was happening at that moment in time, but I focused on that sticker and told myself that this machine was going to save my daughter and that in the weeks and months ahead, there would come a point where we could thank Humpty and Olbia and share with them our joy of a thriving new baby.

I am pleased to say that while Livia still remains in NICU at Royal North Shore hospital, she is progressing incredibly well and is stabilising enough to soon be taken off breathing support. In the coming months she will be ready to come home. She has a long and tough road ahead, but she will grow up in a family who will give her every possibility of a full and happy future.

We may never know why Olbia decided to choose the Humpty Dumpty Foundation to make a significant donation or why this humidicrib was chosen as the machine to be funded, though whatever the reason it has saved the life of our child and in doing so has had a profound impact on many other people around us. This humidicrib has been home to countless other babies before ours and will be to many others after, but I know that each life it saves has a name and a family who are all placing their hopes in this amazing piece of equipment.

Who knows what Livia will grow up to do or who she will become in life? However, whatever she chooses and whatever she does it will have happened because of the combination of a generous company and an incredible foundation.

Vicki and I are not quite sure how to ever repay the gift that has been given to us. However, we hope in time that we will find a way to share with as many people as possible the importance of supporting your company and foundation well into the future.

I would be very grateful if this note could be passed to anyone who works at Olbia and Humpty who would benefit from knowing the significant impact you have on people you have never met. Winston Churchill once said 'We make a living by what we get, but we make a life by what we give'.

How very true!

Kindest Regards,

David and Vicki Gillan

**POSTSCRIPT:** We are thrilled to advise that Livia is doing well and was discharged to go home just in time for Easter.







# The Great Humpty Ball, Darwin 2018

by Ray Martin AM

We were a bit worried about Darwin. In fact, seriously worried. I'm not going to tell you that Paul was panicking, but...Paul was panicking.

Remember, for 28 years Humpty has only done fundraisers in Sydney. Everyone knows the routine and we know the loyalty of our fantastic donors.

Darwin last year was our first 'Out-of-Towner' event because we honestly thought that the Territory – and especially sick children – needed our help. When they had medical equipment (which many didn't have) it was too old. Great doctors and medicos, but crappy gear.

Well, last year was an outstanding success. "The biggest fundraiser the Territory has ever had", was the way our health guru mate, Len Notaras, described it.

Professor Len ought to know. He's 'Mr Health' in the NT, having run the Royal Darwin Hospital, the NT Health Dept and now leads a Darwin-based, 'world's - best practice' medical hit squad that flew into Bali, the Philippines and anywhere else in Asia (or Australia) when natural or man-made disaster strikes.

But, can we do it twice? Are we stretching our luck? The Weather Gods were certainly against us, telling us "NO!!!!". Cyclone Marcus had blown-in the previous Saturday afternoon, ripping trees down and inflicting terrible damage. The city was in total recovery mode. It was the worst storm since Cyclone Tracy, in 1974.

Did Darwin really NEED a happy-clappin' Humpty night out? Were they in the mood to put their hands deep into their pockets? Paul was panicking. But, he hung in.

Cyclone Marcus struck exactly a week before our Ball was scheduled, almost to the hour. Even worse, the predictions were that another cyclone was dancing offshore and would probably hit the Darwin coast on Saturday, our Ball night, at SKYCITY, on the edge of the beach.

What to do? The Casino had generously given us the venue again, and all the delicious food! We'd sold almost 300 tickets. The band was booked. We had no option but to go ahead, promote it heavily on Darwin radio, TV and in the NT News. And say a few Hail Marys.

---

Derryn Hinch offered his support.



Well, the good news is... Cyclone Derryn hit – with a force!! Derryn Hinch. The so-called “Human Headline”. Not only did he fly up for the Ball to support what we do, but as an Independent Senator (whom the Federal Government badly needs for their tax reform) Hinchy twisted the PM’s arm. The Turnbull Government gave us \$200,000 for kids in the Territory.

Of course, we’ve had regular NSW State support for equipment for years from the wonderful Jillian Skinner and the new NSW Health Minister, Brad Hazzard, whom we also love. But, never money to purchase medical equipment from the Feds!

Talking to the unflappable, inexhaustible Darwin paediatricians, there’s no question that the Australian Government’s generosity will save many lives in indigenous Outback Australia. Many many. So, thanks Malcolm!

Anyway, on the night, Senator Hinch announced that the PM had generously kicked the can and suddenly Darwin joined him. We raised \$487,000 in the room from the Darwin business mob who are genuinely ‘feeling the pinch’ from the Territory’s economic downturn.

Even, the Rittatjingu Aboriginal Corporation from Nhulunbuy bought a \$63,300 ultrasound for their local Gove Hospital. That’s the first indigenous money Humpty has ever received. Thanks Witiyana Marika and Stuart MacLean!

All up, *the Gala Night raised \$687,000 for kids in The Territory*. Paul was seen having a couple of Bailey’s with me after his normal bedtime hour of ten o’clock.

Miracles certainly do happen!

Ray



RAD5 in use,  
monitoring vital  
signs.

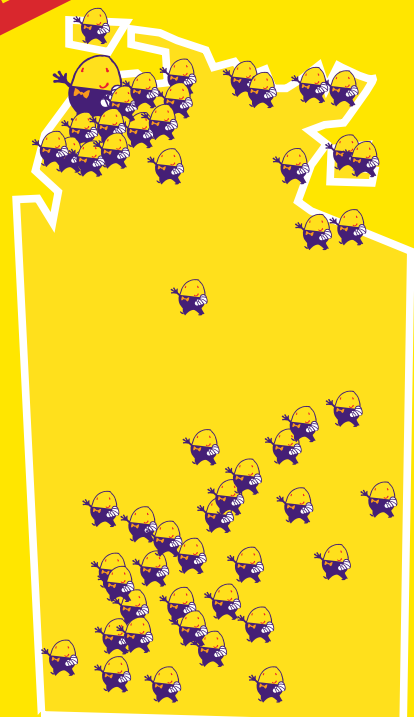
# THE GREAT HUMPTY BALL DARWIN

**Sat 23 March 2019**  
**SKYCITY DARWIN**

## STOP PRESS

We are delighted to announce that our Great Humpty Ball, Darwin 2018 was an enormous success – funds raised will see 53 pieces of essential/life-saving children’s medical equipment being distributed to 31 of the 52 hospitals and health centres Humpty now supports in the Northern Territory. With special thanks to those who attended and supported Humpty. Together we are making a very real difference to the outcomes of Territory children, **thank you**.

**SAVE THE DATE**



To express your interest to join our Patron, and MC Ray Martin AM for an evening of great fun and special outcomes, please call Humpty on 02 9419 2410.





# Mother's Intuition Rules!

A couple of days after she was born, I managed to hold Eve.

by **Hiam Sakakini**

Photos by Alex Vaughan [www.heartfelt.org.au](http://www.heartfelt.org.au)

What convinced high-flying Google exec Hiam Sakakini to let go of logic and tap into her intuition? The day she experienced an indescribable fear for her unborn baby's life...

I've never identified as being an intuitive person, I'm one of those people who rolls my eyes at it, but then it smacked me in the face.

I had an amazing pregnancy – I had so much energy and never felt better. At 34 weeks, the baby was still kicking away, but the kicks were weaker. I was told it was normal, as there's less room in there.

## *Gut instinct was guiding the way*

Even so, I had a powerful feeling of imminent danger. I was being told by others not to worry, that everything was ok... but I couldn't let it go. On the outside, I was totally fine, but on the inside, there was this deep panic and sense of urgency.... Right now, right now – you have to go! It was like someone was pulling me into the car, so I took myself off for a scan and called my husband Joe to meet me there.

The technician said, "oh look. A lovely heartbeat, everything's looking good." Then, because I was there anyway, they took measurements to see how the baby was tracking. They noticed something very wrong – blood was going in the wrong direction, coming out of the baby, not going in. I needed an emergency C section – my baby had to be delivered... fast.

## *Timing was everything*

The scan showed an acute haemorrhage, 20 minutes earlier and they wouldn't have caught it, 20 minutes later and my baby wouldn't have made it. **There was this exact 10-minute window of time.**

My daughter Eve was born with very little blood, about 20 mls. With 15 minutes of no oxygen to the brain, we were told she'd have brain damage – they had her on life support. They said the part of the brain that controls breathing had been damaged, she'd never swallow on her own, make decisions, or understand emotions.







Besotted dad, Joe.

The doctors wanted to go down the palliative route, make her comfortable and when we felt ready, take her off life support. But something was telling me no. Once again, that gut instinct kicked in. I said, "I'd like to walk her as far as we can and let her make her own decisions, so please remove all sedatives from her system before we take her off the air."

I thought: if she can't make it, she can't make it, but I don't want to ever have to think.. what if?

Her dad Joe was there with me every step of the way. He'd sing to Eve, enjoying spending time with her and tell her stories. He said, "if we only have a few days with her, I want to be 100% there."

### *Getting ready to say goodbye*

When the time came they took Eve off the oxygen and intubation and she slowly turned blue. We were having a little skin to skin cuddle – it was beautiful but also utterly terrifying to think she'd get colder and then she'd be gone. But then, she started turning pink. I was bewildered but absolutely delighted that she was giving me another hour – it was a gift. I remember looking at her with pure and utter joy at that point, we were so grateful to have more time.

One or two of the staff kept poking their head into the little room we were in, then there was a stream of people. The team at the Royal North Shore Hospital were incredible, they did what they could. They'd hoped for the best, the many tests looked bleak and so they prepared us for the worst.

But she defied the odds. My baby Eve is now three years old.

### *I'm learning to lead with my gut*

I'm 100 percent ruled by my head – logic, fact, data, that's what overrides my decision making...until this situation with Eve. Now I've definitely moved towards leading with the gut, then looking for the data to reinforce that.



Standing in her first pair of orthotics.

I'm a straight talker, I shoot from the hip and there's no mincing my words. I'm incredibly ambitious, but my bigger decisions in life now will be led by that gut instinct.

I left Google after Eve was born – it's an amazing place to work, but I had what I thought back then, was going to be a profoundly disabled child. Now, I have my own business 'Think Change Grow' and we work primarily in aged care and the disability sector. I'm doing as much as I can to shine a light on these sectors and help others.

As for how my little girl is...well at the moment she's absolutely flying! She does have mild cerebral palsy – she might not win many races, but she's walking and talking, and definitely feeling emotions.

To this day, her father Joe is her biggest protector, advocate and champion – he's her primary carer. She had a rough start, but without the team at RNSH who got her through those first crucial hours and days, we'd be in a very different situation.

RNSH depend on donations of life-saving equipment from the Humpty Dumpty Foundation. Please help if you can.



# Balmoral Burn – Sydney's True Family Event

by **Peter J Ireland**

Who would have thought that sprinting, running, jogging, wheeling or even walking up Sydney's steepest hill, a torturous 420 metre incline averaging 16% grade, would bring so much joy and satisfaction to so many?

## **The Event**

Ask anyone who has participated in Humpty's Balmoral Burn, and dinkum, they'll tell you that the Humpty Dumpty Foundation and the Mosman community host perhaps the premier Community event in Sydney's calendar. As an event, the Balmoral Burn up one of Sydney's steepest hills, has everything. More than that, the event has a beautiful 'pay it forward' component that taps into the great humanitarian

Balmoral Burn participant, Peter Ireland, conquers the hill, finishing first in the category Male aged 60+ (2017).

quality we call generosity. It has instant appeal to children, teenagers, schools, mums, dads, grandparents, corporates, and Australia's elite athletes.

The architect behind the success of the Balmoral Burn, now in its 18th consecutive year, is Phil Kearns AM. Along with 'Team Humpty' he deserves the highest praise. The initial 'Burn' in 2001, intended as a one-off event, raised \$70,000 for Royal North Shore Hospital. It hasn't stopped since. In 2017 there were around 10,000 participants, whose combined efforts raised over \$2.5million....to support 312 hospitals across Australia.

There could not be a better motivation to take part in the Balmoral Burn and hit-up your friends, relatives and work colleagues for some sponsorship funding: It's simple... Sick children need medical equipment to get better!

## **The Race**

If you're the competitive type, racing the clock and conquering the hill in the Balmoral Burn is the perfect outing. A gruelling test of tenacity challenges the very best. Kurt Fearnley OAM, our Olympic, World Champion and Kokoda track champion is a regular. He says: "Against all the marathons and international races, this is the hardest event of the year for me".



The hill is unforgiving...it pushes the heart rates of our elite athletes to over 210 beats per minute! Our Champions - male and female record holders James Gurr (1min 18secs) and Anneliese Rubie (1min 36 secs) know both the pain and the joy of victory when mastering the famous hill.

There's nowhere to hide on the Hill...seasoned athletes still debate the best approach to conquer it. Go too hard from the starter's gun and the hill will eat you alive with just metres remaining. On the other hand, be tempted to pace it from the start and keep gas in reserve risks wasting some race-day adrenalin - worth vital seconds at the top. And a tip from me: Never train on the hill...it has the capacity to break your spirit!

However, if you are in it for the fun, like most are, you'll leave the day in a euphoric state, having been part of something great.

Without doubt, of the 22 race categories on the day, the most inspirational is the Wheelies. Kurt Fearnley, having smashed the hill for many years, recently handed the crown to Luke Bailey, whose scorching pace set a new record at 5 mins 11 secs this year, in the company of Christie Dawes and young Cormac Ryan.

In an inspirational moment, the 'wheelies' take the hill head-on, then revert to slalom as their arms explode in a show of pure power, resolve and gritty determination. Spectators thumping the barricades all the way up the Awaba St hill bring them home. They get the job done. It's an emotional high...and very Australian.

### ***The Feeling***

I have a love/hate relationship with the hill. 2017 was my 13th consecutive year. I love the cause, love the community day, love the finish but hate what the hill-sprint can inflict on your body. Just when your quads, calves and glutes start to really burn around the 300m mark, the hill bites you hard. Despite every tactic on the day, every training strategy or perceived physical advantage, I'm convinced the race is won or lost in the head.

And then there's more...the immense satisfaction...not just completion but knowing that we have all contributed to helping sick children in hospitals around Australia. Worth every step and every second!

### ***The Volunteers***

Across the 17 years of the Balmoral Burn's history, perhaps my most uplifting memory is the happiness and community spirit it fosters. There is no better evidence than the army of volunteers who join forces every year to make this a premier event. Resplendent in their bright yellow T-Shirts, they make the day complete.

***Humpty, by combining with generous supporters, provides so many pieces of vital medical equipment to hospitals to improve the lives of young children across Australia.***

I'm looking forward to supporting the 2018 event already! Bravo Humpty! Join us on the Hill 27 May, Mosman.  
***Registrations now open at:***

**[www.humpty.com.au](http://www.humpty.com.au)**

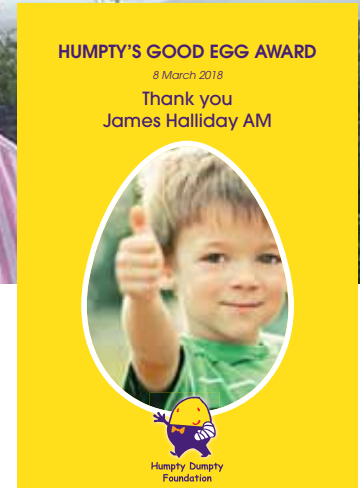


***The Great Humpty Ball***

***BOOK NOW!***

***Saturday 10 November 2018***  
***Four Seasons Hotel, Sydney***





# Congratulations James Halliday AM

## Winner of Humpty's Good Egg Award 2018

At our Good Egg Lunch, held on 8 March we were absolutely delighted to announce our great friend James Halliday AM as the 2018 recipient of the **Good Egg Award**. This prestigious award is for outstanding dedication and support.

Previous recipients are:

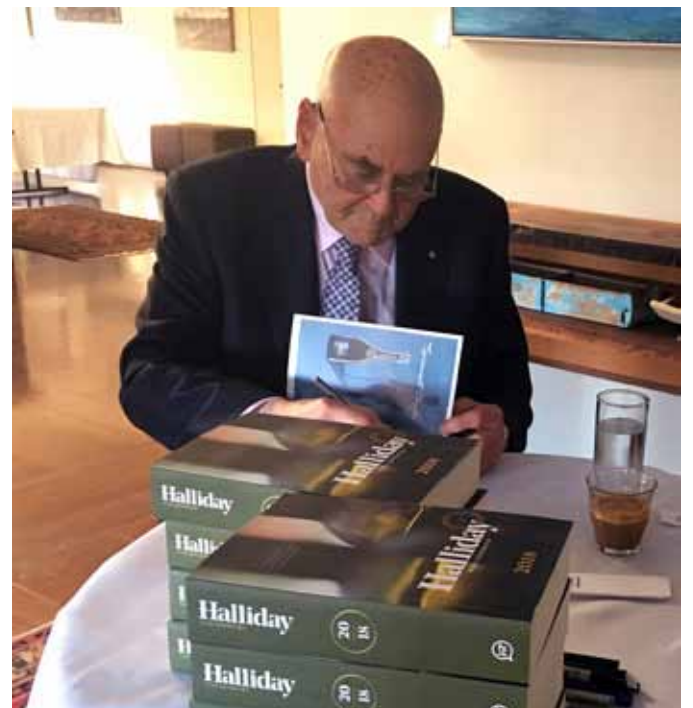
- 2008 Ray Martin AM
- 2009 John & Shelley Wilson
- 2009 Phil Kearns AM
- 2009 The Hon Joe Hockey
- 2010 Ted & Dolly Knight
- 2011 Shane Barr
- 2012 Xstrata Coal (Glencore)
- 2013 John and Cath Murray
- 2014 Peter Horgan Omnicom Media Group
- 2015 Janis Salisbury
- 2016 Anthony Bell & the LOYAL Foundation
- 2017 The Hon Jillian Skinner

*James Halliday has been a most wonderful Ambassador for Humpty for over 10 years, and together with the Australian Wine Industry has helped to raise around \$3M for Humpty.*

James rallies the Australian wine industry and asks for donations of wine which Humpty uses for auction prizes and packages, he hosts exclusive trips to his home cellar in the Yarra and other Humpty events.

James, we are most grateful for your continued contribution and thank you, and the Australian Wine Industry so very much for your amazing support.

*Congratulations James Halliday AM, Humpty's Good Egg 2018, and Humpty Ambassador.*





Louise is a member of the colourful Samba Ninja's drum and dance group who support Humpty each year at the Balmoral Burn.

**by Louise Moule**

Grazia is an amazing lady who has been diagnosed with chronic heart and lung disease and given a year to live. She decided to participate in the 'No Burn Walk' at the Balmoral Burn as her challenge to herself when she was at Royal North Shore Hospital.

We had no idea of Grazia's story when she happened to stop and talk to us half way up the Awaba Street hill. She showed such determination and courage - she's a real inspiration.

What goes around, comes around, and it had never been truer for me, than at last years' Balmoral Burn

Some years ago a friend and I decided to run the Sydney Half Marathon. Neither of us are real runners, so it was a huge challenge. The race involved two laps of a course in the city, my friend and I got separated very soon after the start so I was left to run on my own for most of the event.

*I really struggled, and by the time we were running up from Mrs Macquarie's Chair on the second lap, I was on the verge of giving up. I was in a lot of pain from my thighs, and each time I tried to latch on to other runners for support, I just got ignored and left on my own.*

Then a slightly older guy just started jogging alongside me and we got chatting - he wasn't even officially in the race but had run many marathons (and even some ultra marathons) so was just doing it for fun. He stayed with me every step of the way, and joked about telling his friends that he had 'pulled a virgin' (as it was literally the first time I had ever run that distance).

Like Grazia, I was the one way down at the back of the pack. Most other people had finished and were walking home past us and they were even clearing away the barriers on the side of the road, which just added to the challenge.

I don't even know what the guy's name was - but I do know that if he hadn't stayed with me until we crossed the line, I wouldn't have finished the race, and I would have felt like a total failure. My situation was thankfully nothing like Grazia's, but it was still a huge effort to run a half marathon, so completing it was a big achievement.

So when Grazia was struggling, and saying that she didn't think she could finish, it just felt like the right thing to do to help her get up the hill by walking alongside her. My Samba Ninja Dance Group had the privilege of accompanying the wheelchair participants from The Grove to the finish line, which has to be one of the most humbling experiences ever. So walking up again was nothing in comparison. It was like payback to thank the guy who had helped me achieve my goal, albeit some years earlier.

If in doing so I was able to help Grazia achieve something that was so meaningful to her, then I am so grateful for having had the opportunity to support her - that is really special. The memory of her crossing the finish line, where her son was waiting for her in tears, will stay with me forever.

With over 20 race categories including the 'No Burn Walk' there really is something for everyone. Join the fun on Sunday 27 May up Awaba Street, Mosman.







# Humpty's Kokoda Challenge

## Make a difference and help change lives!

2018 will see Humpty take another small group of trekkers on the Kokoda Track, walking in the footsteps of heroes - raising funds to help children in hospital.

*You are in for one of the most amazing experiences that life's rich tapestry can offer.*  
Janine Rolfe – 2017 Trekker

Funds raised will again support the NSW Paediatric Gait Analysis Service, known as the 'Gait Lab', at The Children's Hospital at Westmead, Sydney, with funding for a Biomedical Engineer. This service is very close to Humpty's heart.

The Gait Lab is the only Paediatric Gait Analysis Service in NSW and one of only a handful in Australia. It oversees sophisticated monitoring and treatment options for

children with Cerebral Palsy and other nerve, muscle and brain disorders. It is a staggering fact, but an Australian child is born with Cerebral Palsy every 15 hours. It is the most common physical disability in childhood, causing major difficulties with walking.

Humpty has supported the Gait Lab since it began in 2010 and now in 2018, a new facility has opened, expanding their capacity for research and treatment, to help even more children.

How does it work? 3D gait analysis is conducted to evaluate the deformity impacting a child's movement and gait. 3D gait analysis generates highly accurate data which is used to prescribe surgery and/or orthotic intervention precisely tailored to the needs of each child. It provides the surgeon and rehabilitation team with vital information necessary to undertake complex multi-level surgery – combining multiple corrections into a single procedure with the goal of improving their ability to walk.

Over 200 clinical and research patients use the service each year and to date more than 500 children (over 800 visits) from across NSW and beyond have undergone analysis and treatment.



BEFORE

"On behalf of the many young girls and boys who would have lost the ability to walk as they matured, we commend the support of our generous donors like the Humpty Dumpty Foundation who ensure the care provided by the Gait Analysis team can continue."

Prof Joshua Burns,  
Director Gait Lab.



AFTER

Humpty will also be providing much needed medical equipment to Kokoda Memorial Hospital, to ensure your trek will also be changing lives in Papua New Guinea for years to come.

If you have ever wanted to tick Kokoda off your bucket list – now is the time to do it.

*It was honestly a life-changing experience and I couldn't positively rave about it anymore than I already have.*

Larissa Williams – 2017 Trekker



# HUMPTY'S 2018 KOKODA TREK 21-31 AUG



*The Humpty Dumpty Foundation has been involved in conducting outdoor adventures for several years now. It all started with an idea from Australia's former Treasurer and great Humpty supporter The Hon. Joe Hockey who wanted to raise funds to help sick kids in hospital - \$1million in fact.*

The challenge was set – to summit the world's highest free-standing mountain, Mt Kilimanjaro in Africa. In 2009, Mr Hockey achieved that goal alongside a group of 25 avid Humpty supporters and in 2010 a new group of trekkers carried on that achievement. 2011 saw the Foundation take four Humpty supporters to the South Pole, and three consecutive years of ladies' hikes to Mt Kosciuszko and Cradle Mountain, Tasmania.

If you have ever wanted to trek Kokoda – now is the time!

## WALK IN THE FOOTSTEPS OF AUSTRALIAN HEROES

### YOUR KOKODA TREK 8 NIGHTS - 9 DAYS - 96KMS

**Kokoda is one of the most significant war time campaigns in Australia's history. During the Kokoda Trail Campaign, thousands of Australian soldiers overcame overwhelming odds to conquer the Japanese forces.**

The conditions along Kokoda were as brutal as the battles our soldiers fought, but their self-belief, trust and respect for each other and their ability to never give up, saw them defeat an enemy who had previously never been conquered.

What better way to pay your respects than to experience the track for yourself. Experience courage, endurance, and mateship, whilst helping kids in hospital.

Under the stars, stories will be shared of the heroes, the history and the major battles fought. Be part of a very special remembrance service at Brigade Hill and Isurava Battlefields.

Your guides from Kokoda Spirit, have taken more than 7,000 trekkers safely along the iconic 96 kilometre Kokoda Track. Working closely with the villages, communities and elders along the track, our local guides were born or raised in this area – their intimate knowledge will not be found elsewhere.

*"Kokoda means many things to many different people, but it is all about getting to the heart and soul of the track and discovering what really makes it tick. We can guarantee you an experience of a lifetime. You will feel the aura and the spirit of our heroes, and you will be achieving something significant and extraordinary!"*

Wayne Weatherall – Founder & Managing Director, Kokoda Spirit

**JOIN AN EXCLUSIVE GROUP OF TREKKERS.**

**To register your interest call – 02 9419 2410 or email [humpty@humpty.com.au](mailto:humpty@humpty.com.au)**





# A LITTLE HUMPTY GRADUATE

## Baby Eva's Update

by **Fiona McCowan**

Eva was born prematurely at 24 weeks.

Congratulations baby Eva on your second birthday, your Humpty family is very proud to see you thriving!

"We're all doing really well. We celebrated Eva's 2nd birthday on Wednesday! Hard to believe she is 2 already, but we had a really happy day. She ate cupcakes for breakfast, lunch and dinner and we were very happy to indulge her in that - she certainly deserves it! (For the record, it wasn't planned, but she really wanted one when she saw me icing cupcakes for her to take to day care in the morning, so dad couldn't resist her demands 'Eva, me me, caaaake!')

So yes, our little miracle is thriving. Her second year with us has certainly been a whole lot more blissfully mundane than her first. Happy to say we have not spent a night in hospital for over 14 months. She hasn't had more than a sniffle this year. Actually, I lie. She did get croup a few times, but she coped with it really well. She is talking a lot, coming out with new words every day and even stringing a few together. Which takes strangers by surprise if they hear her because she still looks so little.

She's not walking unassisted yet, but getting there in her own time. Her left leg has been affected by her brain injury, so she might need a splint or orthotics in the next few months to make sure she develops a normal stride. At the moment she compensates for the weakness in her leg by swinging her leg around, which the physio informs us may cause her issues as she gets older (eg. bad hips or knees). When she had the brain injury diagnosed, we were told there was a

real possibility she might not walk, so she amazes us how adaptive and determined she is. The physio is really happy with how she's going. We feel so blessed and totally amazed with how well she is doing. Miraculous indeed!

So that's Eva's update. Lily is thriving too - almost four and she's a lovely little person. And Ed and I are both well - we both work 4 days, so it's busy, but a really nice balance for our little family.

Hope all is well with our Humpty family. I continue to follow on Facebook all your very busy activities, constantly delivering such vital equipment to hospitals all over the place. So inspiring the work that you all do!"

In February, Eva received her orthotic and is now running!





# Humpty's Reach

Humpty currently supports 372 Children's Hospitals and Health Service Centres throughout Australia.

## NEW SOUTH WALES

Albury Wodonga Health Service  
Armidale Rural Referral Hospital  
Auburn Hospital  
Ballina District Hospital  
Balmain Hospital  
Balranald District Hospital  
Bankstown - Lidcombe Hospital  
Baradine Multi Purpose Health Service  
Barham-Koondrook Soldiers' Memorial Hospital  
Barraba Multi Purpose Service  
Batemans Bay District Hospital  
Bathurst Base Hospital  
Batlow/Adelong Multi Purpose Service  
Bear Cottage  
Bellingen River District Hospital  
Belmont Hospital  
Berrigan War Memorial Hospital  
Bingara Multi Purpose Service  
Blacktown Hospital  
Blayney Multi Purpose Service  
Blue Mountains District ANZAC Memorial Hospital  
Boggabri Multi Purpose Service  
Bombala Hospital  
Boorowa District Hospital  
Bourke District Hospital & Health Service  
Bowral & District Hospital  
Braidwood Multi Purpose Service  
Brewarrina District Hospital & Health Service  
Broken Hill Base Hospital & Health Service  
Bulahdelah Community Hospital  
Bulgarr Ngaru Aboriginal Medical Corporation - Casino  
Bulgarr Ngaru Aboriginal Medical Corporation - Grafton  
Bulgarr Ngaru Aboriginal Medical Corporation - Sth Grafton  
Bulli Hospital  
Byron District Hospital  
Calvary Mater Hospital, Newcastle  
Campbelltown Hospital  
Canowindra Soldiers' Memorial Hospital  
Canterbury Hospital  
CareFlight Australia  
Casino & District Memorial Hospital  
Cessnock District Hospital  
Cobar Health Service  
Coffs Harbour Health Campus  
Collarenebri Health Service  
Concord Repatriation General Hospital  
Condobolin Health Service  
Coolah Multi Purpose Service  
Coolamon-Ganmain Health Service  
Cooma Hospital & Health Service  
Coonabarabran Health Service  
Coonamble Health Service  
Cootamundra Hospital  
Corowa Health Service  
Cowra District Hospital  
Crookwell District Hospital  
Culcairn Health Service  
Dareton Primary Health Care Centre  
Delegate Multi Purpose Service  
Deniliquin Hospital  
Denman Multi Purpose Service  
Dorrigo Health Campus  
Dubbo Base Hospital  
Dunedoo Health Service  
Dungog Community Hospital  
Emmaville - Vegetable Creek Hospital  
Eugowra Memorial Multi Purpose Service  
Fairfield Hospital  
Finley Hospital & Community Health Centre  
Gilgandra Multi Purpose Health Service

Glen Innes District Hospital  
Gloucester Soldiers' Memorial Hospital  
Goodooga Health Service  
Gosford Hospital  
Goulburn Base Hospital  
Gower Wilson Memorial Hospital (Lord Howe Is.)  
Grafton Base Hospital  
Grenfell Multi Purpose Health Service  
Griffith Base Hospital  
Gulgong Multi Purpose Health Service  
Gulgong Health Service  
Gundagai District Hospital  
Gunnedah District Hospital  
Guyra Community Hospital  
Hay District Hospital  
Henty Hospital  
Hillston District Hospital  
Holbrook Hospital  
Hornsby Ku-ring-gai Hospital  
Inverell District Hospital  
Ivanhoe Health Service  
Jerilderie Health Service  
Jindabyne Community Health Centre  
John Hunter Children's Hospital  
Joneville District Hospital  
Kempsey District Hospital  
Kurri Kurri Hospital  
Kyogle Memorial Hospital  
Lachlan Health Service - Parkes  
Lachlan Health Service - Forbes  
Lake Cargelligo District Hospital  
Leeton District Hospital  
Lightning Ridge Multi Purpose Health Service  
Lismore Base Hospital  
Lithgow Hospital  
Liverpool Hospital  
Lockhart & District Hospital  
Macksville District Hospital  
Maclean District Hospital  
Manilla Health Service  
Manly Hospital  
Manning Hospital (Taree)  
Mehi McIntyre Multi Purpose Service  
Menindee Health Service  
Merriwa Multi Purpose Service  
Milton Ulladulla Hospital  
Molong Health Service  
Mona Vale Hospital  
Moree District Hospital  
Moruya District Hospital  
Mount Druitt Hospital  
Mudgee Health Service  
Mullumbimby & District War Memorial Hospital (closed)  
Murrumburrah-Harden District Hospital  
Murrumbidgee Hospital  
Murrumbidgee District Hospital  
Muswellbrook District Hospital  
Narrabri District Hospital  
Narrandera District Hospital  
Narromine Hospital & Community Health  
Nepean Hospital  
NETS (Newborn Emergency & Paediatric Transport Services)  
Nimbin Multi Purpose Health Service  
Nowra Hospital  
Nyngan Multi Purpose Service  
Oberon Health Service  
Orange Health Service  
Pambula District Hospital  
Peak Hill Health Service  
Port Macquarie Base Hospital  
Queanbeyan Hospital



Quirindi Community Hospital  
Royal Flying Doctor Service - South Eastern  
Royal Hospital for Women, Randwick  
Royal North Shore Hospital  
Royal Prince Alfred Hospital  
Ryde Hospital  
Rylstone District Hospital  
Scone - Scott Memorial Hospital  
Shoalhaven District Memorial Hospital  
Singleton District Hospital  
South East Regional Hospital (Bega)  
St George Hospital  
Sutherland Hospital  
Sydney Adventist Hospital  
Sydney Children's Hospital, Randwick  
Tamworth Rural Referral Hospital  
Telstra Child Flight Inc.  
Temora Hospital  
Tenterfield Community Hospital  
The Children's Hospital at Westmead  
The Maitland Hospital  
The Tweed Hospital  
Thredbo Medical Centre  
Tibooburra Health Service  
Tingha Multi Purpose Service  
Tocumwal Hospital  
Tomaree Community Hospital  
Tottenham Hospital  
Trangie Multi Purpose Service  
Trundle Multi Purpose Service  
Tullamore Health Service  
Tumbarumba Multi Purpose Service  
Tumut Hospital  
Urana Health Service  
Urbanville Multi Purpose Health Service  
Wagga Wagga Rural Referral Hospital  
Walcha Multi Purpose Service  
Walgett Health Service  
Wanaaring Community Health Service  
Warialda Multi Purpose Service  
Warren Multi Purpose Health Service  
Wauchope District Memorial Hospital  
Wee Waa Community Hospital  
Wellington Health Service  
Wentworth District Hospital & Health Service  
Werris Creek Community Hospital  
Westmead Hospital  
West Wyalong Hospital  
White Cliffs Health Service  
Wilcannia Health Service  
Wollongong Hospital  
Wyang Hospital  
Yass District Hospital  
Young Health Service

#### AUSTRALIAN CAPITAL TERRITORY

Calvary Public Hospital  
Canberra Hospital

#### NORTHERN TERRITORY

Adelaide River Health Centre  
Alice Springs Hospital  
Ali Curung Health Centre  
Alpurrurulam Health Clinic  
Alyangula Health Centre  
Angurugu Health Clinic  
Aputula Health Centre  
Barkly Mobile Health Service  
Batchelor Health Centre  
Belyuen Health Centre  
Bonya Health Centre  
Borroloola Health Clinic  
Canteen Creek Health Centre  
CareFlight, NT  
Dockar River Health Centre  
Elliott Health Centre  
Engawala Health Centre  
Epenarra Health Centre  
Gapuwiyak Health Centre  
Gove District Hospital  
Gunbalanya Health Centre  
Haasts Bluff Health Centre

Harts Range Health Centre  
Imanpa Health Centre  
Jabiru Health Clinic  
Katherine Hospital  
Kings Canyon Health Centre  
Laramba Health Centre  
Maningrida Health Centre  
Milikapati Health Centre  
Mt Liebig Health Centre  
Ntaria Health Centre  
Numbulwar Health Centre  
Nyirripi Health Centre  
Palumpa Health Centre  
Papunya Health Centre  
Pine Creek Health Clinic  
Ramininging Health Centre  
Robinson River Health Clinic  
Royal Darwin Hospital  
Six Mile Health Centre  
Tara Health Centre  
Tennant Creek Hospital  
Titjikala Health Centre  
Ti Tree Health Centre  
Wadeye Health Clinic  
Wallace Health Centre  
Willowra Health Centre  
Wilora Health Centre  
Yuelamu Health Centre  
Yuendumu Health Centre  
Yulara Health Centre

#### QUEENSLAND

Atherton Hospital  
Ayr Hospital  
Babinda Hospital  
Bamaga Hospital  
Baralaba Multi Purpose Health Service  
Barcaldine Multi Purpose Health Service  
Biggenden Multi Purpose Health Service  
Biloela Hospital  
Blackwater Hospital  
Bowen Hospital  
Bundaberg Base Hospital  
Caboolture Hospital  
Cairns Hospital  
Charleville Hospital  
Childers Multi Purpose Health Service  
Clermont Multi Purpose Health Service  
Cooktown Hospital  
Dalby Hospital  
Eidsvold Multi Purpose Health Service  
Emerald Hospital  
Forsyth Hospital  
Gayndah Hospital  
Gin Gin Hospital  
Gold Coast Hospital  
Goondiwindi Hospital  
Hervey Bay Hospital  
Hummingbird House  
Ingham Hospital  
Inglewood Multi Purpose Health Service  
Innisfail Hospital  
Ipswich Hospital  
Kilcoy Hospital  
Kingaroy Hospital  
Lady Cilento Children's Hospital  
Longreach Hospital  
Mackay Base Hospital  
Mareeba Hospital  
Mater Children's Hospital Brisbane  
Miles Health Service  
Millmerran Multi Purpose Health Service  
Monto Hospital  
Mossman Multi Purpose Service  
Mount Isa Base Hospital  
Moura Community Hospital  
Mundubbera Hospital  
Nambour General Hospital  
Oakey Health Service  
Queen Elizabeth II Jubilee Hospital  
Redland Hospital  
Rockhampton Hospital

Rolleston Health Centre  
Roma Hospital  
Royal Brisbane & Women's Hospital  
Royal Children's Hospital, Brisbane  
Royal Flying Doctor Service  
St George Hospital  
Springsure Multi Purpose Health Service  
The Townsville Hospital  
Thursday Island Hospital  
Toowoomba Hospital  
Tully Hospital  
Warwick Hospital  
Weipa Integrated Health Service  
Whitsunday Health Service (Proserpine Hospital)  
Winton Multi Purpose Health Service

#### SOUTH AUSTRALIA

Ceduna District Health Service  
Cowell Hospital  
Flinders Medical Centre  
Lyell McEwin Hospital  
Medstar Emergency Medical Retrieval  
Mount Gambier & District Hospital  
Noarlunga Hospital  
Port Augusta Hospital & Regional Health Service  
Queen Elizabeth Hospital  
South Australian Ambulance Service  
Whyalla Hospital & Health Service  
Women's & Children's Hospital, North Adelaide

#### TASMANIA

Launceston General Hospital  
Mersey Community Hospital  
North West Regional Hospital (Burnie)  
Royal Hobart Hospital

#### VICTORIA

Angliss Hospital  
Austin Health  
Ballarat Health Services  
Benalla Health  
Bendigo Health  
Box Hill Hospital  
Casey Hospital  
Central Gippsland Health Service  
Cohuna District Hospital  
Colac Area Health  
Dandenong Hospital  
Djerriwarrh Health Service  
Echuca Regional Health  
Epworth Freemasons Hospital  
Frankston Hospital  
Goulburn Valley Health  
Kilmore & District Hospital  
Leongatha Hospital  
Maroondah Hospital  
Maryborough & District Health Service  
Mercy Hospital for Women  
Monash Medical Centre  
Portland District Health  
St John of God, Geelong  
Sunshine Hospital  
Swan Hill District Health  
The Northern Hospital  
The Royal Children's Hospital, Melbourne  
The Royal Women's Hospital, Melbourne  
Werribee Mercy Hospital

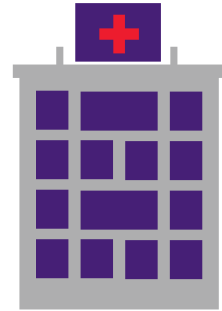
#### WESTERN AUSTRALIA

Broome Hospital  
Bunbury Hospital  
Derby Hospital  
Hedland Health Campus  
Joondalup Health Campus  
King Edward Memorial Hospital  
Kununurra District Hospital  
Nickol Bay Hospital  
Princess Margaret Hospital for Children  
Rottnest Island Nursing Post  
Swan District Hospital (closed)  
Tom Price Hospital



# How Humpty's Wish List Works

*Upon request, Humpty can arrange for a donor tour so you can see first hand how the equipment you have purchased is making a difference within the hospital.*



5



*A donor plaque is affixed to the equipment recognising the generous support of the Good Egg.*

4



*Humpty orders all donated equipment for delivery directly to the hospitals.*



3



*Approved items are added to Humpty's Wish List and published online and at events in the hope a Good Egg will be able to help.*

2



*Submissions are rigorously assessed by Humpty's Medical Sub Committee, which is made up of representatives from NSW Health, Senior Medical Specialists and a former government official.*

1



*A hospital or health service identifies a high-priority medical need where equipment can dramatically change or save the lives of sick and injured children. They reach out to Humpty for a helping hand.*





# Chairman's Wishes

*In consultation with Professor Martin Kluckow, Chair of our Medical Sub Committee, we have selected these pieces of equipment as absolute priorities for the hospitals which have requested them. We know that some are very costly but they will really make a huge difference to babies and children in trauma.*

## CHAIRMAN'S WISH 1

### ISOLETTE 8000 INFANT INCUBATOR WITH SERVO HUMIDITY:

**\$29,450 EACH**

**2 NEEDED**

Werribee Mercy Hospital, Special Care Nursery, VIC

Premature and sick babies have an increased risk of complications due to low birth weight. This life-saving humidicrib assists with oxygen therapy, treats jaundice and protects against infection. It provides a consistent temperature environment, and helps clinicians monitor progress until they reach a safe weight and their vital organs are strong. This device includes Servo humidity which provides humidity-enriched warm air, to decrease water loss and cold stress, allowing the smallest premature babies to stay within the Thermo-Neutral Zone.



## CHAIRMAN'S WISH 2

### INTELLIVUE CENTRAL STATION MONITORING SYSTEM:

**\$32,350**

**1 NEEDED**

Bathurst Base Hospital, Paediatric Unit, NSW

Currently Bathurst Base Hospital's Paediatric Unit does not have a Central Station Monitoring System. This system will allow medical staff to view all monitors remotely at the Nurses Station, and closely observe vital signs of sick babies. Medical staff will be alerted immediately if any of these vital signs change, to avert a potentially dangerous situations. The ability to remotely monitor patients will promote sleep, rest and enhance the child's ability to heal.



## CHAIRMAN'S WISH 3

### BABYLOG VN500 NEONATAL VENTILATOR:

**\$58,620**

**1 NEEDED**

The Children's Hospital at Westmead, Grace Centre for Newborn Care, NSW

This piece of essential equipment provides state-of-the-art ventilation therapy for the sickest babies, who may have been born prematurely or following surgery, and need help to breathe. This ventilator has the capacity to assist the most fragile patients providing ultrafast high frequency oscillation as well as standard conventional ventilation, to aid in recovery.



## DID YOU KNOW ?



If one piece of medical equipment is used once a week, **52** children would benefit from that piece, in one year. Most pieces of equipment are used more than once a week, and in fact some pieces are used **24 hours a day, 7 days a week**.

If the **500+** pieces of Humpty equipment delivered in 2017 were used just once a week, that's over **26,000** children that have benefited **in just 12 months!**

Most pieces of equipment have a lifespan of 10 years. Therefore, over **260,000** children will benefit from equipment purchased in just one year by Humpty's Good Eggs.





# Humpty's Wish List

*The following medical equipment has been requested by some of the 372 hospitals and health service centres that Humpty currently supports. Each item has been assessed and approved by Humpty's Medical Sub Committee to appear on Humpty's Wish List. This wish list is regularly updated.*

*If you have any questions surrounding Humpty's Wish List or would like to donate an item please call Humpty on (02) 9419 2410 for assistance.*

*We hope you can help grant some of these vital wishes.*

## **WISH 1 BABY UMBI MANIKIN:**

**\$1,450**

**1 NEEDED**

Tamworth Rural Referral Hospital, Maternity Department, NSW

This portable newborn infant trainer has anatomy that offers exceptional realism, which enables clinicians to learn and practice advanced neonatal resuscitation including insertion of umbilical venous catheters and umbilical arterial catheters. This manikin will give clinical staff opportunity to practice life-saving techniques, reducing error in real life situations.



## **WISH 2 RAD-5 PULSE OXIMETER WITH SENSOR: \$1,760 EACH**

**2 NEEDED**

Ipswich Hospital, Children's Ward, QLD (1)  
Ipswich Hospital, Maternity Ward, QLD (1)

Accurate measurement of a pulse rate, oxygen saturation and blood flow is essential in assessing the current status and treatment implications for paediatric patients. The Rad-5 (handheld) allows nurses to record arterial oxygen levels accurately and efficiently and quickly track any changes.



## **WISH 3 EZ-IO DRILL & EDUCATOR KIT:**

**\$1,895 EACH**

**4 NEEDED**

Armadale Hospital, Emergency Department, WA (1)  
Fitzroy Crossing Hospital, Ambulance Service, WA (1)  
Halls Creek Hospital, Ambulance Service, WA (1)  
Roebourne Hospital, Emergency Department, WA (1)

This power drill kit is an essential piece of resuscitation equipment used to gain vascular access in critically ill children and babies when intravenous access cannot be established. The drill kit is used to place a needle into the shin bone within 10 seconds, through which life-saving medication and fluids can then be administered. Achieving vascular access is vital to the resuscitation process and has life-saving consequences. The kit also comes with training devices used for staff education and practice of this vital procedure.



## **WISH 4 NEOPUFF RESUSCITATION DEVICE: \$2,170 EACH**

**2 NEEDED**

Broome Hospital, Paediatric Unit, WA

This equipment provides life-saving resuscitation and ongoing ventilation assistance to infants using up-to-date, user friendly technology. It will be used on a daily basis and can be moved to the bedside of each baby or young child at risk.



## **WISH 5 LOW FLOW BIRD BLENDER DEVICE: \$2,450 EACH**

**2 NEEDED**

Sydney Children's Hospital, Randwick, General Medical Isolation Unit, NSW

Blenders are vital for delivering specific oxygen concentration to neonates and are used in resuscitation and ongoing care for babies requiring respiratory support. Not having enough low flow blenders means at times of emergency, equipment needs to be attached to 100% wall oxygen. This creates risk of a baby developing oxygen toxicity from receiving unnecessarily high amounts of oxygen.



**WISH 6 AIRVO 2 HUMIDIFIER:**  
**\$2,750 EACH 7 NEEDED**

Broome Hospital, Paediatric Unit, WA (1)  
Derby Hospital, Paediatric Unit, WA (1)  
Lady Cilento Children's Hospital (Brisbane), Respiratory Department, QLD (2)  
Lyell McEwin Hospital, Emergency Department, SA (2)  
Northeast Health Wangaratta, Maternity Department, VIC (1)

Humidification is important for babies and children suffering from respiratory problems, such as bronchitis, pneumonia and cystic fibrosis. Humidified air and oxygen helps them breathe restfully and clears the chest for ongoing treatment and recovery.



**WISH 7 AGILIA INJECTOMAT MC SYRINGE PUMP: \$2,900 1 NEEDED**

Hornsby Ku-ring-gai Hospital, Children's Ward, NSW

Children's drug doses are calculated on weight, therefore often very small volumes must be given into tiny veins at a strictly controlled rate. This syringe pump is dose rated, with a programmable bolus and micro-rated functionality. It has the capacity to store predefined drug parameters which aids in reducing the risk of programming errors to maximise safety.



**WISH 8 ASTODIA DIAPHANOSCOPE: \$2,900 EACH 6 NEEDED**

Angurugu Health Clinic, Emergency Room, NT (1)  
Gapuwik Health Centre, Emergency Room, NT (1)  
Jabiru Health Clinic, Emergency Room, NT (1)  
Launceston General Hospital, Paediatric Ward, TAS (1)  
Maningrida Health Centre, Emergency Room, NT (1)  
Wadeye Health Clinic, Emergency Room, NT (1)

This device uses LED light to illuminate small blood vessels and structures filled with air or liquid, deep under the skin surface, not easily visible in pre-term babies. This allows medical staff to quickly and accurately administer vital medicines without multiple attempts, which is less stressful for the baby. It is particularly useful on darker skin and when the veins are not visible due to dehydration and other conditions.



**WISH 9 SYMPHONY BREAST PUMP WITH STAND: \$3,600 1 NEEDED**

Warrnambool Base Hospital, Maternity Department, VIC

Breast feeding is important for growing newborns. Breast milk contains the correct balance of nutrients to promote ideal growth and development, as well as an essential supply of antibodies to protect the newborn baby against infections. This pump sits on a stand, allows for easy use and is mobile so can be used at the bedside.



**WISH 10 CHILD HEART & LUNG SOUND TRAINER: \$3,660 1 NEEDED**

Hornsby Ku-ring-gai Hospital, Paediatric Ward, NSW

This trainer reproduces the real-life recorded voice, lung, and heart sounds of an actual 4-year-old. It will allow respiratory teaching in paediatrics and education of medical staff to become proficient in respiratory assessment to better manage asthma and bronchiolitis. Education and training will improve patient outcomes and reduce the length of stay in hospital.



**WISH 11 MR850 HUMIDIFIER: \$4,180 EACH 2 NEEDED**

Campbelltown Hospital, Special Care Nursery, NSW (1)  
Royal Darwin Hospital, Women, Children and Youth Ward, NT (1)

Humidifiers keep the air babies breathe moist to prevent the drying out of secretions and nasal passages. Babies suffering from lung infections and chronic bronchitis rely on humidified air and oxygen to breathe restfully, and to clear any recurring respiratory problems.





**WISH 12 NEWBORN ANNE TRAINING MANIKIN: \$4,230 1 NEEDED**

Katherine Hospital, Maternity Ward, NT

This item is a portable skill trainer for realistic neonatal resuscitation education. The manikin accurately represents a full-term (40 week) newborn with an anatomy offering exceptional realism and provides the opportunity to practice resuscitation skills, including airway management, professional rescuer CPR, and vascular access.



**WISH 13 PREMATURE ANNE MANIKIN: \$4,400 1 NEEDED**

Eastern Health, Special Care Nursery/Maternity, VIC

This item is a portable skill trainer for realistic infant resuscitation training. The manikin is a 25-week per-term infant designed to facilitate training in the initiation of proper care and resuscitation. The use of this manikin will ensure medical staff maintain the skills and ensure best care is provided in emergency situations. It will be used across three facilities Angliss, Box Hill, and Maroondah Hospitals.



**WISH 14 RADICAL-7 PULSE OXIMETER WITH SENSOR: \$4,440 EACH 3 NEEDED**

St George Hospital, Maternity Department, NSW (1)  
Very Special Kids, Hospice, VIC (2)

By shining a light through the baby's finger or toe the oximeter measures the amount of oxygen in their capillaries. This ensures correct and safe oxygen delivery during highly critical times in an effort to prevent damage to organs such as the brain, eyes and lungs



**WISH 15 ALS BABY TRAINER: \$4,600 1 NEEDED**

Tamworth Rural Referral Hospital, Maternity Department, NSW

A portable skill trainer for realistic infant resuscitation training. The manikin is a three-month-old infant with an anatomy that offers exceptional realism, providing the opportunity to practice advanced resuscitation skills, including airway management, professional rescuer CPR, vascular access and 4-lead ECG monitoring.



**WISH 16 JAUNDICE DETECTOR: \$4,780 EACH 9 NEEDED**

Auburn Hospital, Maternity Department, NSW (1)  
Bankstown/Lidcombe Hospital, Women's & Children's Services, NSW (1)  
Ceduna District Health Services, Midwifery, SA (1)  
Echuca Regional Health, Maternity Department, VIC (1)  
Ipswich Hospital, Children's Ward, QLD (1)  
Leeton District Hospital, Maternity Unit, NSW (1)  
Port Augusta Hospital & Regional Health, Casuarina Ward, SA (2)  
Warrnambool Base Hospital, Maternity Department, VIC (1)

All babies are checked for jaundice (yellowing of the skin) on a daily basis. This detector is used to help clinicians determine the jaundice levels through the skin without harming the baby. If jaundice is left untreated there is a possibility of cerebral palsy, deafness and/or brain damage.



**WISH 17 BROSELOW PAEDIATRIC COLOUR CODE CART: \$5,240 1 NEEDED**

Auburn Hospital, Operating Theatres/Recovery, NSW

The Broselow Paediatric cart is colour coded and organised so that each drawer contains all the resuscitation equipment needed for babies and children in a specific length/weight range. Use of this cart allows faster, easier and more accurate selection of equipment in cases of paediatric arrest.



**WISH 18 ULTRABLENDER: \$5,350 1 NEEDED**

Liverpool Hospital, Neonatal Intensive Care, NSW

Respiratory support for very sick premature babies is essential for their survival. This Ultrablender will provide an accurate mix of oxygen and air to the exact concentration required by the baby. Too much or too little oxygen into their lungs can be harmful and affect eye and brain development.



**WISH 19 NEOBLUE MINI PHOTOTHERAPY LAMP: \$5,500 EACH 2 NEEDED**

St George Hospital, Special Care Nursery, NSW

This NeoBlue mini phototherapy LED lamp provides effective degradation of bilirubin (jaundice). This vital lamp is compact and could be attached to a bassinet or incubator. It delivers high-intensity phototherapy treatment to avert this potentially dangerous condition, which can cause cerebral palsy, deafness and/or brain damage if left untreated.



**WISH 20 CONNEX VITAL SIGNS MONITOR: \$6,200 EACH 9 NEEDED**

Austin Hospital, Ward 2 West, VIC (2)  
Bathurst Base Hospital, Emergency Department, NSW (1)  
Cohuna District Hospital, Maternity Department, VIC (2)  
Orange Health Service, Emergency Department, NSW (1)  
Port Augusta Hospital & Regional Health, Casuarina Ward, SA (2)  
Very Special Kids, Hospice, VIC (1)

This piece of equipment allows accurate assessment of vital signs like temperature, blood pressure and oxygen saturation levels in the paediatric setting. This monitor will recognize deteriorating clinical conditions immediately, which allows for early intervention and greatly reduces further health risks to the child. The Connex Monitor is an absolutely vital piece of equipment in the ward.



**WISH 21 ADVANCED BROSELOW PAEDIATRIC COLOUR CODE CART: \$7,570 1 NEEDED**

Parkes District Hospital, In Patient Unit, NSW

The Broselow Paediatric cart is colour coded and organised so that each drawer contains all the resuscitation equipment needed for babies and children in a specific length/weight range. Use of this cart allows faster, easier and more accurate selection of equipment in cases of paediatric arrest. This trolley is equipped with additional accessories including brackets for oxygen tank and a suction unit.



**WISH 22 MOBILE INFANT WARMER: \$7,600 EACH 2 NEEDED**

Goulburn Valley Health, Special Care Nursery, VIC (1)  
Northeast Health Wangaratta, Maternity Department, VIC (1)

Some infants when first born have difficulty maintaining their temperature and require additional support from heaters. This mobile warmer keeps fragile babies warm and can be conveniently positioned over a bed, bassinet or examination table to prevent the baby from experiencing cold stress.



**WISH 23 KANMED BABY BED: \$8,650 1 NEEDED**

Liverpool Hospital, Neonatal Intensive Care, NSW

Allows premature babies to be removed from an incubator at an earlier stage while maintaining their temperature. This bed allows parents access to their child so that the bonding experience can continue unimpeded, whilst providing a warm environment needed for pre-term development. Liverpool Hospital has the warming mattresses available but are in desperate need of this baby bed.



**WISH 24 BILISOFT LED PHOTOTHERAPY SYSTEM: \$9,680 EACH 5 NEEDED**

Armidale Rural Referral Hospital, Maternity Department, NSW (1)  
Benalla Health, Midwifery Unit, VIC (1)  
Northeast Health Wangaratta, Maternity Department, VIC (1)  
St George Hospital, Maternity Department, NSW (1)  
Westmead Hospital, Neonatal Intensive Care Unit, NSW (1)

Jaundice, or yellowing of the skin and eyes, occurs in approximately 50% of full-term babies and 80% of pre-term babies in their first week of life. If undetected, it can cause cerebral palsy, deafness and/or brain damage. This phototherapy system is used to treat jaundice, with the baby wrapped in the therapy blanket and kept at the mother's bedside.





**WISH 25 INTELLIVUE X3 MONITOR:**  
**\$11,460 1 NEEDED**

The Children's Hospital at Westmead, Anaesthetic Department, NSW

This Intellivue X3 Monitor is used to provide continuous monitoring of paediatric patients, measuring vital physiological parameters to ensure the patient's wellbeing. Most commonly measured are blood pressure, heart rate, respiratory rate and pulse oximetry. This small monitor is portable and can be transported with the child as they travel through the hospital for tests and procedures. Approximately 150 children per year will benefit from this monitor.



**WISH 26 M540 TRANSPORT MONITOR:**  
**\$12,450 1 NEEDED**

Fairfield Hospital, Paediatric Department, NSW

The M540 monitor is a bedside monitor that can be detached to accompany the baby along the journey during transport from Operating Theatre to the Special Care Nursery providing vital information throughout the entire care pathway. Continuous monitoring during transport will improve safety and alert medical staff of significant clinical events and support a more complete patient record. At Fairfield Hospital the Operating Theatre and Special Care Nursery are at extreme ends of the hospital, making this piece vital.



**WISH 27 CHILD CRISIS MANIKIN WITH ECG SIMULATOR** **\$13,700 1 NEEDED**

Royal Flying Doctors Service – South Eastern (NSW)

This manikin will help improve services by allowing RFDS staff to train in the intricacies of caring for and managing sick and injured children under simulated pressure situations. It offers reliable, realistic training for emergency response and for when complications arise. It will significantly help to improve procedures, empower medical and nursing staff with confidence and knowledge, and ultimately improve health outcomes for children in remote, rural and regional communities.



**WISH 28 ACUTRONIC FLORIAN NEONATAL RESPIRATION MONITOR: \$19,830 1 NEEDED**

Westmead Hospital, Neonatal Intensive Care Unit, NSW

This monitor is innovative respiratory technology that would be used in conjunction with high frequency oscillator ventilation, to optimise the safest level of ventilation for babies with very severe lung disease. Earlier ventilation optimisation leads to better outcomes, less chronic lung disease and shorter hospital stays. This monitor would be connected to a ventilator, providing a more comprehensive continuous assessment of respiratory physiology in the sickest babies.



**WISH 29 INTELLIVUE MX450 PATIENT MONITOR WITH X2 MODULE:**  
**\$21,500 1 NEEDED**

Royal North Shore Hospital, Paediatric Ward, NSW

This 12" monitor records and displays a sick child's pulse/heart rate, blood pressure, breathing rate and oxygen levels. Medical staff are alerted immediately when any of these vital signs change in order to avert a potentially dangerous situation. This monitor displays the child's vital signs at the bedside, or remotely at the Nurses Station which promotes sleep, rest and enhances the child's ability to heal. This monitor comes with an X2 Module.



**WISH 30 INTELLIVUE MX450 PATIENT MONITOR WITH X3 MODULE:**  
**\$22,850 1 NEEDED**

Hornsby Ku-ring-gai Hospital, Children's Ward, NSW

This 12" monitor records and displays a sick child's pulse/heart rate, blood pressure, breathing rate and oxygen levels. Medical staff are alerted immediately if any of these vital signs change to avert any potentially dangerous situation. This monitor displays the child's vital signs at the bedside, and remotely at the Nurses Station which promotes sleep, rest and enhances the child's ability to heal. This monitor includes an X3 Module.



**WISH 31 ISOLETTE 8000 INFANT INCUBATOR: \$26,100 1 NEEDED**

St George Hospital, Special Care Nursery, NSW

Premature and sick babies have an increased risk of complications due to low birth weight. This humidicrib assists with oxygen therapy, treats jaundice and protects against infection. It provides a consistent temperature, a stable environment, and helps clinicians monitor the babies until they reach a safe weight and their vital organs are strong enough to move to a conventional cot.



**WISH 32 MX550 PATIENT MONITOR: \$26,920 1 NEEDED**

Blacktown Hospital, Special Care Nursery, NSW

Monitors are used on a daily basis to measure a child's blood pressure, temperature, heart rate and respiratory rate, to determine how well they are recovering post surgery. If any of these indicators deteriorate, the monitor will alarm for medical staff to attend to immediately.



**WISH 33 ADVANCED ATOM AIR INCUBATOR: \$29,550 1 NEEDED**

Echuca Regional Health, Maternity Department, VIC

This incubator ensures the correct thermal, light and sound environment to encourage healthy development of pre-term babies. It creates a more womb-like environment, designed to promote growth and stability for the tiniest patients. This advanced model includes thermoregulation, built in oxygen control and pulse oximetry, suitable for higher care level nurseries. This equipment is vital.



**WISH 34 PANDA NEONATAL RESUSCITAIRE UNIT: \$32,500 EACH 5 NEEDED**

Alice Springs Hospital, Neonatal Unit, NT (2)

Moruya District Hospital, Maternity Unit, NSW (1)

Northeast Health Wangaratta, Maternity Department, VIC (1)

Shoalhaven District Memorial Hospital, Special Care Nursery, NSW (1)

This resuscitation unit is vital for providing infants with a purpose built examination bed. It includes a warmer and special monitoring devices, and can be stocked with other equipment to provide oxygen, needed for resuscitation, in treating critically ill babies. This life-saving equipment will be used daily.



**WISH 35 TECOTHERM NEO: \$32,700 1 NEEDED**

Royal North Shore Hospital, Newborn Intensive Care Unit, NSW

This equipment is used to cool babies when receiving treatment for moderate to severe brain injury. It ensures the baby's temperature remains stable and therefore reduces mortality and neuro-developmental disabilities such as cerebral palsy and cognitive impairments. This equipment is life-saving.



**WISH 36 GIRAFFE INCUBATOR: \$32,700 1 NEEDED**

Shoalhaven District Memorial Hospital, Special Care Nursery, NSW

With integrated features, including a translating and rotating mattress (which eliminates unnecessary baby stimulation), an elevating base and in-bed scale, the Giraffe Incubator is a state-of-the-art neonatal environment that promotes natural, peaceful healing, while fostering a close bond between family and fragile newborns. Its design also provides physicians improved control of heat, humidity, oxygen, light and noise whilst improving access to their smallest patients, giving them a better chance of successful treatment.





**WISH 37 GIRAFFE WARMER:****\$33,800****1 NEEDED**

The Children's Hospital at Westmead, Grace Centre for Newborn Care, NSW

This Giraffe Warming Bed is state-of-the-art, specifically designed to keep sick babies in a stable, life sustaining environment. Vital for premature babies with a purpose built examination bed that provides uninterrupted thermal support, an integrated, life-saving, Resus system with inbuilt oxygen, SP02 and other essential features. It is a crucial as it reduces the risk of further complications developing.

**WISH 38 COSY COT INFANT RESUSCITAIRE:****\$35,000 EACH****2 NEEDED**

Cohuna District Hospital, Maternity Department, VIC (1)  
St George Hospital, Special Care Nursery, NSW (1)

This is a vital piece when caring for newborn babies experiencing problems immediately after birth. This cot provides instant access to oxygen, humidification, ventilation and resuscitation when needed, to prevent long-term damage to the brain. With the inbuilt warming capacity, the environment for each individual baby is controlled specifically for their medical needs, greatly improving the outcomes.

**WISH 39 INTELLIVUE MX800 PATIENT MONITOR WITH X2 MODULE:****\$42,910****1 NEEDED**

Liverpool Hospital, Neonatal Intensive Care, NSW

Babies undergoing critical health care need very close and accurate monitoring to ensure staff have a clear picture of their condition at all times. This equipment is life-saving as it provides immediate and accurate information on the child's condition, so staff can provide immediate diagnosis and treatment. This MX800 Patient Monitor includes an X2 module, patient cables and accessories.

**WISH 40 T1 NEONATAL TRANSPORT****VENTILATOR: \$49,600****1 NEEDED**

Royal North Shore Hospital, Paediatric Emergency Department, NSW

Babies with life threatening conditions often need mechanical assistance with breathing. Ventilating pre-term babies is very challenging because of their small size and immature lungs. The Emergency Department at Royal North Shore Hospital currently does not have a ventilator with neonatal configuration capable of ventilating babies under 3kg weight. Without a T1 Neonatal Ventilator, nursing staff would be manually ventilating patients or using adult equipment which is not safe practice. This vital piece of equipment will enable newborns as small as 300g to be ventilated which will provide time-critical and quality life-saving care.

**WISH 41 T1 PAEDIATRIC TRANSPORT****VENTILATOR: \$53,520****1 NEEDED**

Lady Cilento Children's Hospital, (Brisbane) Retrieval Team, QLD

Children with life threatening conditions often need mechanical assistance with breathing. Ventilating babies is very challenging because of their small size. This ventilator will ventilate children down to 3kg weight and is a significant advancement on their current equipment. Better ventilation of severely ill children will speed up their recovery time and free up doctors and nurses to attend to the patients other issues. This transport ventilator combines the functionality of a fully featured intensive care ventilator but is compact and rugged for transport.

**WISH 42 GIRAFFE OMNIBED:****\$53,700****1 NEEDED**

Campbelltown Hospital, Special Care Nursery, NSW

The Giraffe Omnibed is designed to mimic the womb environment for babies who are born prematurely. It provides instant access to oxygen, humidification, ventilation and resuscitation when needed, and protects the infant from stress such as light, touch and sound in a controlled thermal environment. This incubator is of critical importance.



The cost of the medical equipment as published by Humpty Dumpty is an accurate estimate of the list price at the time of publication. It also includes an allowance for handling costs, delivery, handover costs and a plaque to acknowledge the donor. The actual cost of equipment may be different at the time of purchase. Any shortfall in the cost of the equipment will be paid by Humpty, any surplus will be treated as a donation to Humpty's general account and will be used to financially support the Foundation.



# Matilda's Story

Matilda post surgery.

**by Tracey Azzopardi**

With 'strength', 'might' and 'battle' attributed to the name Matilda....there's no wonder Tracey Azzopardi never doubted the choice for her newborn baby girl.

The Fourth of July 2017 certainly created fireworks in my world; but for all the wrong reasons.

At 23 weeks pregnant and not feeling right, I detoured to my obstetrician on my way to work. Several hours later with ruptured fetal membranes, I was in hospital. Thankfully Westmead had a bed because later my baby would also need the Grace Centre for Newborn Intensive Care next door at The Children's Hospital at Westmead.

*I wanted this baby more than anything. After four rounds of IVF I was ecstatic. Now I had to prepare for an unimaginable alternative.*

Confined to my hospital bed I hung on to hope.

Matilda arrived by emergency caesarean one week and one day later. I woke to wonderful news; my baby was alive and was a girl. Weighing 590 grams her battle for survival had begun. At 24 weeks and one day she required resuscitation and intubation – she had an estimated 10% chance of survival.

Matilda was born with underdeveloped lungs, translucent skin and a heart valve that didn't automatically close. In the following weeks she would endure kidney and renal failure, bowel complications, feeding issues and numerous blood transfusions – presenting great challenges for her medical teams.

When I finally got to see my baby she was cocooned inside a Giraffe Omnibed – a highly complex and life-saving humidicrib – often seen on the Humpty Wish List. She would remain ensconced in this secure and perfectly controlled environment for four months.

She was so small, yet despite this I knew she was a fighter. She was my little miracle.

Too fragile to hold, I could sometimes place my hands gently on her through the crib's 'windows'. My heart ached to hold her, feel her against my skin, kiss and cuddle her.

Matilda relied on life-saving ventilators to keep oxygen flowing throughout her body. These sophisticated machines, sensing when she couldn't manage on her own, would breathe for her.

At four weeks Matilda was diagnosed with necrotising enterocolitis (NEC) requiring immediate surgery. Further surgery two days later, and with one third of her bowel removed, she slowly began to improve. Despite successful surgery, milk was not tolerated. Further tests, using an ultrasound also donated by the Humpty Dumpty Foundation, revealed that Matilda's stubborn little gut just won't be rushed. Reassured of no clinical problem, we'd just take one day at a time.

*After three months in the Grace Centre, Matilda's body was able to self-regulate temperature and she graduated to an open heated humidicrib – with the now familiar Humpty logo.*





Mother and daughter ... together at last.

Still reliant on a mechanical ventilator and attached to a plethora of lines and cables, her state-of-the-art bedside monitor constantly alerted staff to changes in Matilda's vital signs. The Grace Centre has asked Humpty for three more.

As Matilda got stronger I got to hold her more often.

My determination to breastfeed kept me focussed. Collecting and storing milk was the one sure thing within my control.

After surgery, and in time, Matilda's bowel functioned normally, although gradually increasing and stabilising her feeds took a while longer. Her chronic lung disease continued to demand attention but she was eventually weaned off the ventilator.

*Discharged after 160 days, we made it home for Christmas.*

Matilda has a home CPAP machine and monitor for ongoing respiratory support which is always used while sleeping. She still has a nasogastric tube to top up breastfeeds. Our goal is to get her up to five breastfeeds a day, without top ups, and to get regular day sleep without CPAP. Although the pace is slow, she's coming along in leaps and bounds.

There is no doubt Matilda is where she is today because of the outstanding care she received. I will be forever grateful to the teams of devoted clinicians for their amazing skill and determination.

Equipment provided by Humpty Dumpty donors was integral in helping get us where we are today.

*For supporters who help purchase these life-saving devices, I hope you know how much your contributions are enormously appreciated by both parents and health professionals.*

Today, we're home and surrounded by wonderful family and supportive friends. We're now well on our way and the future looks bright.

Thank you for getting Matilda home!

**POSTSCRIPT:** At our recent Good Egg Lunch, these monitors were donated by our wonderful supporters. Thank you so much. We have other desperately needed items – see page 18.

Matilda at 17 weeks corrected and weighing in at 4.45kg.



# Ways You Can Help

To help, simply fill out this form and return it to Humpty at:

**Suite 1402, Level 14, 67 Albert Ave, Chatswood 2067 or email [humpty@humpty.com.au](mailto:humpty@humpty.com.au)**

## PLEASE CONTACT ME, I'M INTERESTED IN...

Receiving updates from Humpty via

☐ Email

☐ Post

I'd like to consider leaving something to Humpty in my will

☐

Humpty's Kokoda Trek 2018

☐

Workplace Giving

☐

1200kms for Kids Charity Bike Ride 2018

☐

Humpty Dumpty Balmoral Burn 2018

☐

The Great Humpty Ball 2018

☐

City2Surf 2018

☐

The Great Humpty Ball, Darwin 2019

☐

## MY DETAILS

Title:	Name:	
Address:		P'code:
Phone:	Email:	

## I'D LIKE TO HELP BY

☐ Donating Wish List item number:

for Hospital

\$

☐ Making a one-off donation for \$

☐ Becoming a Regular Donor

Debit my card (1st of every month) for \$

☐ Visa ☐ MasterCard ☐ Amex

Card No: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Card Name:

Expiry: \_\_\_\_ / \_\_\_\_ CCV: \_\_\_\_

Signature:



Humpty's mission is to ensure our hospitals have the equipment they need at those critical moments to avert a tragedy. To do this, we need your help.



### **DONATE EQUIPMENT FROM HUMPTY'S WISH LIST**

Make an immediate difference through Humpty's Wish List. The Wish List pages highlight the life-saving medical equipment that has been requested by our hospitals, and approved by Humpty's Medical Sub Committee.



### **BECOME A REGULAR DONOR**

Please consider being a helping hand and help pump the life blood through Humpty. By setting up a regular monthly donation, you can assist the Foundation to continue to grow and make a tangible difference to children in hospital.



### **BECOME A WORKPLACE DONOR**

Allows you to regularly donate to the Foundation via your employer's payroll system. These donations are made pre-tax, therefore it costs you less than the amount Humpty receives.



### **LEAVE A BEQUEST**

It is often said that we will be remembered not for what we possess but for what we give; our lasting legacy will be what we contribute to make our world a happier, healthier place.



### **HOST A FUNDRAISING EVENT**

Members of our community regularly hold fundraisers to help the Foundation. Fundraising events include birthday celebrations (in lieu of presents), charity dinners, BBQs, movie nights and many other exciting events.

If you would like to find out more about any of these opportunities please contact the Humpty Dumpty Foundation:

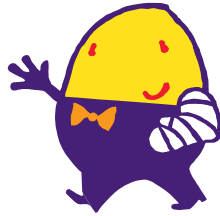
**02 9419 2410**

**[humpty@humpty.com.au](mailto:humpty@humpty.com.au)**

**[humpty.com.au](http://humpty.com.au)**







Humpty Dumpty  
Foundation

## *helping kids in hospital*

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